

# Webinar Resources

## 12-14-17

1. Decide on what online business you want to create and make a plan. Get coaching if you need it <http://backpackbusinesslifestyle.com/sp/personal-coaching>

2. Once you have your online business idea, you NEED a business foundation. If you don't have one then here are some resources to help to know what you need and how to get up and going with your own business foundation.

<https://youtu.be/RUR4gWwhuro>  
<https://youtu.be/b1jQPqg3cyc>

3. My YouTube channel is FULL of tutorials to help you with anything you need regarding building and marketing your online business. Spend some time there and learn for free! <http://www.YouTube.com/liztomey>

4. Links to what I use to be able to have a backpack business

The lapdesk I use - <https://www.walmart.com/ip/Honey-Can-Do-Lap-Desk-with-Built-In-Handle-Black/29120620>

The laptop I use - <https://www.bestbuy.com/site/hp-spectre-x360-2-in-1-15-6-4k-ultra-hd-touch-screen-laptop-intel-core-i7-16gb-memory-512gb-solid-state-drive-dark-ash-silver/6082118.p?skuId=6082118>

The backpack I use to put all my stuff in (I have a purple one though) - [https://www.amazon.com/SwissGear-Backpack-Laptop-ScanSmart-SA1753/dp/B01IJ6JC9G/ref=sr\\_1\\_fkmr2\\_4?ie=UTF8&qid=1513309193&sr=8-4-fkmr2&keywords=swiss+gear+backpack+purple](https://www.amazon.com/SwissGear-Backpack-Laptop-ScanSmart-SA1753/dp/B01IJ6JC9G/ref=sr_1_fkmr2_4?ie=UTF8&qid=1513309193&sr=8-4-fkmr2&keywords=swiss+gear+backpack+purple)

External hard drives I use - [https://www.amazon.com/dp/B00N2S6W86/ref=twister\\_B0771BRNHR?encoding=UTF8&psc=1](https://www.amazon.com/dp/B00N2S6W86/ref=twister_B0771BRNHR?encoding=UTF8&psc=1)

*To your success!*

Liz Tomey

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